

## Things to Remember in a Bear Market

Volatile and declining market conditions can cause panic and anxiety for investors. Remember as we go forward: these dips are what allows for us to take huge advantage of future upswings and help you meet your financial planning goals.

If you want to chat through the situation and better understand what's happening in your portfolio, your Evergreen Wealth Consultant is always just an [email](#) or a phone call away.

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